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THE BEACON IS THE OFFICIAL MAGAZINE OF MARCH ARB. ALL QUESTIONS ARE DIRECTED TO THE MARCH ARB PUBLIC AFFAIRS OFFICE AT 9516554137.

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COMMANDER'S CORNER

Knights,

As we move into summer, I want to reflect on the incredible reach and impact of the 452nd Air Mobility Wing and our mission partners here at March Air Reserve Base. From the Middle East and the Indo-Pacific to operations within our own borders, our aircraft—both the C-17 and the KC-135—are answering the call. Right now, members of our team are deployed across the globe, supporting everything from rapid mobility and aeromedical evacuation to air refueling operations that keep our joint partners in the fight.

This global presence is a testament to the professionalism, skill, and dedication of our Airmen, civilians, and contractors. We continue to prove that March is not just a historic installation, but a vital contributor to worldwide operations every single day. But with that constant mission comes an important reminder—especially as we enter the 101 Critical Days of Summer: safety must remain our top priority. Whether you're on the flight line, behind a desk, or enjoying some well-earned downtime, I urge every one of you to stay sharp. Make smart decisions. Look out for each other. Our aircraft and equipment are important—but they're replaceable. You are not. So as you execute the mission, take leave, or simply enjoy the sunshine—do it safely. Your leadership, your wingmen, and your families are counting on you.

Let's stay focused, stay safe, and keep showing the world what March can do.

-Col Bailey

QUARTERLY AWARD WINNERS

On behalf of Col Bailey, Col Oberoi, and me, we proudly recognize the following personnel whose dedication, professionalism, and excellence have set the standard for the 452nd Air Mobility Wing:

- AMN Cat: SrA Nicolas A. Villarreal, 452 AMXS (MXG)
- NCO Cat: TSgt Victoria G. Johnson, 336 ARS (OG)
- SNCO Cat: MSgt Nicholas Yeomans 452 AMXS (MXG)
- CGO Cat: Capt Gabriel Day, 729 AS (OG)
- Civ Cat I: Ms. Stephanie L. Ramsey, 452 AMXS (MXG)
- Civ Cat II: Mrs. Lucila Dickinson, 452 LRS (MSG)
- Civ Cat III: Mr. Robert Stutzman, 752 AMXS (MXG)
- Team Cat: LRS Ground Transportation, 452 LRS (MSG)

Congratulations to our CY 25 - Q1 quarterly awards winners!

-CMSgt Bilal

FUELING THE FIGHT

BY: LT GLORIE WARD

MARCH AIR RESERVE BASE, Calif. - U.S. Air Force Senior Airman Cooper Strople, a boom operator assigned to the 336th Air Refueling Squadron, is a vital crew member responsible for connecting the boom, a long, rigid tube, to the receiver aircraft. This connection allows fuel transfer from the tanker to the receiver, ensuring that aircraft stay airborne for global engagement.

SrA Strople has been in the Air Force for four years and has participated in multiple refueling missions. His favorite was the chance to refuel the A-10 Warthog from Florida to Peru during Patriot Fury. Patriot Fury is a specialized military exercise designed to enhance interoperability, readiness, and cooperation among U.S. Air Force Reserve units and partner nations' air forces.

Sra Strople stated that communication, situational awareness, and confidence are key qualities needed for a successful boom operator.



"Pilots can't see air-refueling, so you have to be able to paint a picture of what's happening back there," SrA Strople said. "Having the ability to build situational awareness is key. The KC-135 is an older aircraft built in 1956, and things sometimes go wrong; assessing the situation and then figuring out how to react is important for this career field."

Military boom operators' work is precise and high-stakes, and it's essential to the success of every mission in the air. These skilled professionals don't just fuel aircraft—they fuel the entire operation, allowing us to defend, mobilize, and fight.



MOBILE LIBRARY AT MARCH ARB ENHANCES AIRMEN'S DEVELOPMENT

BY WENDY DAY

MARCH AIR RESERVE BASE, Calif. -- A new initiative at March Air Reserve Base is giving Airmen a fresh opportunity to enrich their minds and connect with the community. The mobile library, a project driven by the 4th Air Force, is designed to foster both professional development and personal growth among base personnel. Located between the chapel and the Combat Readiness Center, the library is strategically placed for maximum visibility and access, aligning with the 452nd Air Mobility Wing's commitment to supporting its members' well-being.

Chief Master Sgt. Timi Bilal, Command Chief of 452 AMW, noted, "This library is more than just a collection of books—it's a vehicle for transformation. It's an investment in people, in potential, and in the future of our force!"

The mobile library offers a selection of books that span a variety of genres, from leadership to personal development, designed to serve Airmen at all stages of their careers. Senior Master Sgt. Tiffani Johnson, who led the project, said, "This isn't just about providing books—it's about creating a resource that inspires growth and fosters community within March ARB."



The library reflects collaboration and leadership within the Air Force. Designed and built by a team of 4 AF senior non-commissioned officers, it showcases creativity and teamwork within the Air Force community. Chief Master Sgt. Bilal added, "This is an investment in our people and their potential, and we're excited to see the positive impact it will have."

The library provides Airmen with access to physical books, and through the Air Force Portal, additional resources are available to enhance personal and professional development. Airmen can access e-books and audiobooks with your Air Force or local library card through apps like Libby, making reading materials available on the go, whether they're at home, traveling, or deployed. Additionally, airmen can access the Chief of Staff of the Air Force (CSAF) Reading list, offering valuable leadership resources that align with the Air Force's commitment to professional development by visiting: https://www.af.mil/About-Us/CSAF-Leadership-Library/.

The United Through Reading program allows service members to record themselves reading a book, which is then sent to their children or loved ones. This program strengthens family bonds, allowing Airmen to be present in their children's lives, even while separated. For more information, visit: https://unitedthroughreading.org/.

Open to all base personnel, the mobile library offers a diverse selection of books on leadership, professional development, fiction, and personal growth. Its central location ensures easy access for all members of the March ARB community. For more information, please contact the 452nd Air Mobility Wing, Public Affairs Office at 452amw.paworkflow@us.af.mil.

MIND OVER MUSCLE: LEADING WITH MENTAL STRENGTH

STAFF SGT. MICAH COATE

MARCH AIR RESERVE BASE, Calif. (May 4, 2025) – Senior Airman Dana Shin doesn't need a packed gym or a strict workout calendar to stay fit. Her most powerful piece of equipment? Her mindset.

"I think for me, it really starts with mentality," said Shin, a personnel specialist assigned to the Wing Talent Management Consultant Office at March Air Reserve Base. "Being not just physically ready, but mentally prepared is important, especially for Airmen like me who sit behind a desk."



Shin recently scored a perfect 100 on her

annual Air Force physical fitness test, an accomplishment few achieve, and one she attributes less to brute strength and more to a steady practice of mental discipline and small, consistent habits.

But it wasn't always this way. Born in Australia to Korean immigrant parents, Shin's early years were marked by a lot of uncertainty and frequent moves.

"I used to see myself as mentally weak," she said. "I felt different from all the people around me at school growing up. I did as best as I could, but I didn't have an outlet or a source that really made me feel confident in myself."

Then, after graduating high school, her family faced homelessness, living out of their car and not always knowing where their next meal was going to come from. Understandably, it took a toll on Shin's well-being.

"It was just a really unhealthy time, both mentally and physically," she recalled. "When we were homeless, food was random. I couldn't take care of my fitness and my weight would fluctuate. Sometimes all we would have to eat were donated baked goods. Sometimes we ate nothing and I wouldn't have any energy."

Despite these hardships, Shin persevered. She eventually secured a scholarship to attend college was able to move into campus housing. Shortly after, she discovered CrossFit, a dynamic, high-intensity form of exercise that gave her an outlet for her frustrations and a means to challenge her inner-narrative.

"I started to have these mental conversations with myself," she said. "Basically, 'I don't think I can do this, I'm scared about what's going to happen.' But as I kept

MIND OVER MUSCLE: LEADING WITH MENTAL STRENGTH

STAFF SGT. MICAH COATE

going they became much more positive. I started saying I can do this, and I can get better. That transformation—from a negative mindset to a positive one—was huge for me."

That same mindset helped her earn the Warhawk award during Basic Military Training and continues to power her performance today. Her current daily fitness routine is grounded in simplicity and consistency: morning pushups and lifting a barbell in her living room, followed by a short run, while listening to her favorite high energy music such as Kendrick Lamar and Bon Jovi.

However, it's not about perfection. Shin emphasizes the mental and physical importance of finding a balance between hard work and recovery, especially as a traditional reservist who also works full time in healthcare administration.

"I'm really trying to work on doing one full rest day per week, where I just relax and spend time with my family," she laughed. "Getting better at recognizing when I need to slow down is definitely a work in progress." Even her post-workout routine reflects this grounded approach. Her favorite after-exercise reward?

"Sweets. I love sweets," she said, smiling. "Chocolate and those frozen teriyaki chicken meals from Trader Joe's—anything that tastes better after a good workout."

Shin doesn't pretend that the motivation to go out and exercise is always high. Instead, she leans on habit and discipline to carry her through, and she advises that Airmen looking to improve their fitness levels do the same. "For people trying to improve their PT scores, just start small," she said. "Try 10 pushups a day. Then 11 the next day. It's the little steps that make the biggest difference."

That philosophy is something she hopes to share more broadly. Her team recently began holding monthly group workouts to build morale and camaraderie—a simple way to promote physical readiness and mental health across the unit. She advocates for other squadrons to do the same and hopes that one day March ARB will implement base-wide fitness events.

In an era where Airmen are being asked to meet higher standards of readiness and resilience, Shin's story is a reminder that fitness isn't just about reps, miles, or calories—it's about mindset.

"I always wonder what kind of mentality people have when they're working out," she said. "No one's thinking, 'this is easy.' But that's the point—it's the challenge that makes us stronger. When I'm running, I'm not thinking about work stress or what I have to do next, I'm thinking about what I can do in this moment. It's a reminder that if I can get through this, I can get through anything."

CHIEF'S ON LEADERSHIP

TSGT OSMIN SUGUITAN

For U.S. Air Force Chief Master Sgt. Tammon I. Benjamin, leadership is less about the stripes on your sleeve and more about the journey-one shaped by mentorship, self-improvement, and a genuine commitment to those you serve. Benjamin serves as the senior enlisted leader for the 452nd Civil Engineering Squadron, March Air Reserve Base. With nearly two decades in uniform, Benjamin's story is a testament to the power of stepping outside one's comfort zone, investing in others, and building a transparent, connected team.

Learning Leadership, One Step at a Time

Benjamin's leadership journey began with ten years on active duty, starting in Alaska and truly taking root at Nellis Air Force Base.



"I didn't know much about leadership at first," he admits, but it was at Nellis where mentors took him under their wing. Senior leaders encouraged him to pursue education, get involved in squadron organizations, and challenge himself through special duties. "They had a thing called speed mentoring, where you could talk to different chiefs. They'd say, 'Get your education done, volunteer, and challenge yourself.' That's the path I followed."

One pivotal moment came when Benjamin, a self-described introvert, was pushed to lead a team in Airman Leadership School. "I was nervous-my heart was racing-but once you start, you realize everyone's looking to you. You just deliver." That experience, he says, taught him the importance of embracing discomfort for growth and seeing the broader Air Force mission.

Benjamin credits his mentors for inspiring his pursuit of education. "I already had my bachelor's, but they pushed me to get my CCAF and eventually my master's in criminal justice." This commitment to lifelong learning not only opened doors but set an example for those he now leads.

CHIEF'S ON LEADERSHIP

People First, Always

If there's a single thread running through Benjamin's leadership, it's the principle of taking care of people. "I was always told: take care of your people the way you want to be treated, and you'll go far. I take care of my guys, and they take care of me--it makes my life easy." He fosters a culture of open communication, encouraging ideas from every direction: "If you have a better idea, we'll use it. I'm open to anything."

For Airmen looking to follow in his footsteps, Benjamin is clear: set a roadmap. "Start with the basics, get qualified, get involved, challenge yourself, and hit your milestones-ALS, NCOA, Senior NCO Academy. I wrote a map for them so they know exactly what to accomplish and when."

Benjamin's proudest moments come from seeing those he's mentored succeed. "I still get calls from people I taught-'Hey, I made senior, I made chief, thank you.' That's the impact you want to have." He's quick to credit his wife's sacrifices, too, acknowledging the family support behind every service member's success.

Transparency and Trust

Above all, Benjamin believes in transparency. "Everyone wants to know what's going on. If they don't have information, they don't know how to progress." He advocates for sharing knowledge at every level, ensuring no Airman is left guessing about their path.

Benjamin's story is proof that leadership is a journey built on mentorship, humility, and a relentless focus on developing others. His legacy is not in accolades or awards, but in the success of the Airmen who follow. "Be transparent, take care of your people, and challenge yourself," Benjamin says. "If you do those things, you'll grow-and so will everyone around you."

TOP THREE NEWS

STABLISH, STRENGTHEN, SETTLE: Are you having a R.O.C.K.Y Day?

Each day we have a choice to have a ROCKY day: (R)eady mind, (O)ptimistic perspective, (C)ourageous spirit, (K)een heart and a (Y)earnful desire to be a better soul of character, conduct and contribution today! Let's go, CHAMP!!! "Don't let yesterday take up too much of today because today is already filled with so many victories you have yet to achieve."

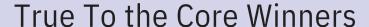


-Motivate 452 March ARB VP

- Induction Ceremony Sunday, June 8th!
- TOP 3, Rising 6 and Airman's Council will be meeting at 1000 at The Chapel on Saturday 7 June UTA
- CALLING ALL SNCO'S TO TOP 3 MEET AND GREET SATURDAY 7 JUNE FROM 1630-1830 @ SALLY'S ALLEY

All Top 3's on March are invited to meet at Sally's for a Total Forces networking event where we are coming together as ONE. Top 3 Team March, see you there! Upcoiming

- Professional Orgs Calendar, contact MSgt Davidson for Details!!
- Welcoming to the Council:
 - o MSgt Michelle Reynolds- Secretary Alt.
 - o MSgt Michael Jackson- Treasurer
 - o SMSgt Tammy Hellow-Treasurer Alt.



These Airmen have exemplified excellence in the core values of the Air Force. Their unwavering commitment to Integrity First, Service Before Self, and Excellence in All We Do sets a high standard for others. They consistently demonstrate honesty and

ethical conduct, prioritize the mission and team, and pursue constant improvement in all their endeavors. Their efforts strengthen the Air Force and contribute significantly to mission success.

452 Communications Squadron 452 Logistics Readiness Squadron



SrA Phillip Fowler

As the Airman's Council President, he facilitated and managed the Airman's Attic during the UTA while also providing guidance and continuity

with his fellow Airman. He revamped the Facility Manager program for bldg. 418 by correcting and streamlining key documentation and records. SrA Fowler was an integral part of the Base Records Management base by reporting unit compliance to the Air Force Records Information Management System to ensure compliance with the WG/CC's AF mandated program.



SrA Olivia Antonio weighing 39 short tons which

facilitated the successful execution of exercise Nexus Forge in Hawaii. Her rapid response in building essential equipment enabled rapid deployment and sustainment within the Pacific Command, resulting in enhanced readiness for 3 NAF's participating in 3 exercises, and ultimately supporting regional security objectives.



56 Aerial Port Squadron

Join our GroupMe tong

stay in the know with Top 3 current updates:



SrA Antonio constructed \$3200 wood

approach and sleeper shoring, enabling the upload and transportation of 7 vehicles,

class information for TSgt Quennedy Roman deploying members,

TSgt Quennedy Roman exemplifies Air Force core values and demonstrates exceptional leadership. As Assistant UDM, he efficiently schedules and disseminates

ensuring a smooth and timely process. He also proactively monitors and records all Required Annual Training (RAT) for the 56th APS members, reinforcing the unit's commitment to readiness and operational excellence. Additionally, he coordinated airlift support for the 56th APS's Annual Tour, guaranteeing mission readiness for future deployments. His oversight ensured that every individual completed their training, reinforcing the unit's commitment to readiness and operational excellence.

Have an Airman who you'd like to recognize? Submit applications here and email an official photo to our Top 3 LRS Org box: 452amw.topthree.council@us.af.mil

YELLOW RIBBON

MSGT WENDY DAY

MARCH AIR RESERVE BASE, Calif. - The Yellow Ribbon Reintegration Program helps Reserve Citizen Airmen and their families prepare for and adjust to the challenges of deployment by providing access to resources and support throughout the mobilization cycle.

Master Sgt. Samuel Munoz Martinez serves as the Yellow Ribbon representative for the 452nd Air Mobility Wing. He said the program is often misunderstood but makes a significant impact once participants attend.

"Some Airmen think Yellow Ribbon is a school program or that it only happens in San Diego," said Munoz. "In reality, it's a nationwide Department of Defense program designed to connect Guard and Reserve members and their families with support during and after deployments."



The Yellow Ribbon Reintegration Program, or YRRP, is a congressionally mandated initiative that offers information and services at every phase of deployment: pre-deployment, deployment (for families), demobilization and post-deployment. Through briefings, breakout sessions and direct engagement with subject matter experts, service members and their guests receive information on health care, education, financial planning, legal counseling and more.

Each Yellow Ribbon event typically hosts between 550 and 700 participants, including service members, adult guests and children. Eligible participants may attend one predeployment event and two post-deployment events within one year of returning.

Attendees can also meet with representatives from organizations such as Military OneSource, Employer Support of the Guard and Reserve, the Department of Veterans Affairs, Small Business Administration and other support agencies.

"We average between 35 to 40 resource programs per event," said Munoz. "Some of the most popular sessions cover VA benefits, retirement planning, legal readiness and mental health. Pre-deployers can complete important legal documents such as powers of attorney and wills—all free of charge during the event weekend."

Beyond the information, the program also emphasizes family connection.

"A lot of spouses and children learn for the first time what their loved one does in the Reserve," Munoz said. "Kids connect with other kids who understand what it's like to have a parent deployed, and spouses often build friendships that last long after the event."

Unlike virtual transition programs or online briefings, Yellow Ribbon offers in-person engagement and networking.

YELLOW RIBBON

"TAPS has great info, but Yellow Ribbon allows you to talk to real people," said Munoz. "You can ask specific questions, follow up, and even speak to the same representative multiple times throughout the weekend."

Munoz, who has participated in about a dozen Yellow Ribbon events since taking the role nearly two years ago, said the assignment also offers valuable leadership experience.

"You gain confidence briefing senior leaders, coordinating with outside agencies, and managing logistics for hundreds of attendees," he said. "It's a great professional development opportunity."

Each Air Force Reserve base has one Yellow Ribbon representative, a competitively selected position open to staff through master sergeants. Munoz emphasized that working the program puts Airmen in direct contact with wing and Air Force Reserve Command leadership.

"I've had the chance to meet and brief Lt. Gen. Healy and other senior leaders," Munoz said. "It's a career-enhancing role that also makes a real difference for our members and their families."

For Munoz, the goal is simple: raise awareness.

"If you want to learn something or get help, we probably have someone at the event who can support you," he said. "It's all about readiness. Taking care of our Airmen means taking care of their families too."





For Those who serve and Those who support

What is the Yellow Ribbon Reintegra Oon Program (YRRP)?

The mission of YRRP is to promote the well-being of NaOonal Guard

and Reserve Service members and their families by connecOng them with resources throughout and beyond the deployment cycle. Through YRRP, Service members and those who support them have access to programs, services, resources and referrals to minimize stress and maximize resiliency during all phases of deployment and reintegraOon.

What kind of informa\text{\text{\text{on}}} is provided by YRRP?

InformaOon and acOviOes are offered at key stages and throughout the deployment cycle: Pre-Deployment, Deploy- ment (for families and designated representaOves), DemobilizaOon and Post-Deployment. YRRP offers informaOon on benefits, such as:

Health Care

EducaOon

Financial

Legal Counseling

The YRRP works with a network of key organizaOons, including Military OneSource, Employer Support of the Guard and Reserve, Small Business AdministraOon, the Departments of Labor and Veterans Affairsand others. This collaboraOon provides informaOve and interacOve seminars and resources relevant to members of both the NaOonal Guard and Reserve community.

ELIGIBILITY

Reservists called to ac⊖ve duty to support a con⊖ngency opera⊖on (deployment) for 90 days or more, or 90 days accumulated during 24 months, resul⊖ng in separa⊖on from their families.

Eligible members and guests may a Σ end up to 3 events.

Pre-Deployment: Within 120 days before deployment

Post 1 Deployment: Eligible for one year aŌer deployment Eligible for one-year aŌer deployment (Not all events are open for Post 2)

YELLOW RIBBON EVENTS FOR FY 2025

25-27 July 2025 - Orlando, FL 08**-**10 August 2025 - SeaΣle, WA 22-24 August 2025 - San Diego, CA



SAMUEL MUNOZ MARTINEZ, MSgt, USAF Yellow Ribbon Representative 452d Air Mobility Wing (Bldg. 470) March ARB, CA

Office: 951.655.7722 | DSN: 447.7722 | Cell; 760.881.9979

25-27 July 2025



Hilton Orlando Orlando, FL





Scan the QR Code To Register

22-24 August 2025



Sheraton San Diego, CA



SAN DIEGO

Scan the QR Code To Register

8-10 August 2025





Scan the QR Code To Register

Hyatt Regency
Bellevue (Seattle)
WA



RECRUITMENT



Video Release: Recruit the Recruiter



PILCH, ROBERT F MSgt USAF AFRC 367 RCG/PA

As we continue to get after our annual recruiting goal of **7,600** and attract top talent into the force, we need the internal talent to help make it happen. Here, you will find the released "Recruit the Recruiter" video link on AFRC's YouTube channel and a corresponding QR code, both of which can be used for communicating recruiting opportunities to our internal Citizen Airmen audience of Senior Airman through Tech Sqts.

To maximize audience reach and engagement, this video may benefit from being shown at Commander's Calls and focused events, while following up with any required package information that can be passed along to interested candidates.

Additionally, we have provided a downloadable ad poster to be utilized in communicating opportunities to join our team.

Contact Email: 367RCG.RTR.RTR@us.af.mil





Recruit the Recruiter video QR code

EVENTS

MARCH ARB AIRMAN'S ATTIC



Bldg 405 Hours of Operation:

Wed:14:00-15:00 UTA:11:00-12:00



Primary POC: TSgt Romualdo 909-283-0242 or send an email at Kathleen.romualdo.2@us.af.mil

ALT POC: MSgt "Motivate" Davidson 786-238-5708

VOLUNTEERS

"WE KINDLY REQUEST THE ASSISTANCE OF AT LEAST TWO MEMBERS EACH TIME WE ARE OPEN, AND CAN COMMIT ON A REGULAR BASIS. YOUR SUPPORT IS GREATLY APPRECIATED!"

- · Rounding up contributions
- · Organizing household/clothing items
- · Greeting members to sign in and providing help
- Displaying and Storing Donations

VOLUNTEERING AT THE AIRMAN'S ATTIC BUILDS SKILLS, SUPPORTS AIRMEN, EPB BULLET AND YOU CAN EARN THE MILITARY VOLUNTEER SERVICE MEDAL WITH 500 HOURS.

MILITARY AND CIVILIAN VOLUNTEERS WELCOME!



"Donations Drop-Off: Mondays, from 14:00 to 14:30

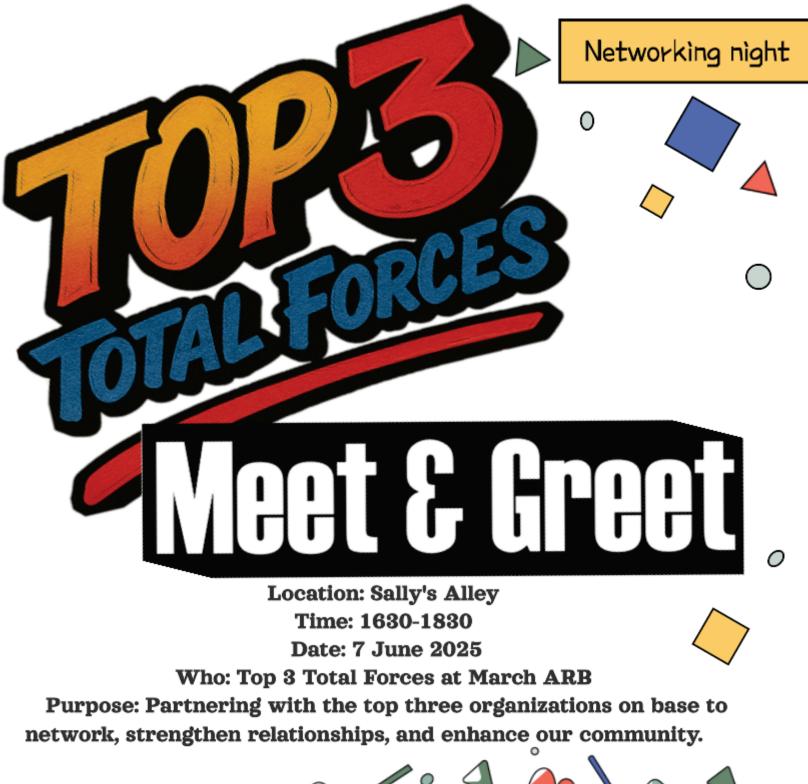
ACCEPTED DONATIONS:

- · MILITARY UNIFORMS
- · HOUSEHOLD GOODS
- · CLOTHING (CLEAN)
- BABY ITEMS
- · KITCHENWARE
- FURNITURE (GOOD CONDITION)
- · WORKING ELECTRONICS
- · TOYS

ITEMS WE'RE UNABLE TO ACCEPT:

. SHOES AND BOOKS

"DUE TO LIMITED SPACE/MANPOWER, WE CAN ONLY ACCEPT A SMALL SELECTION OF DONATIONS AT THIS TIME. WE APPRECIATE YOUR UNDERSTANDING AND GENEROSITY!"



MARCH AIR RESERVE BASE

452D MARCH FSS

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FSS MONTHLY CALENDAR



June 2025

Morale, Welfare, and Recreation (MWR) Programs

MarchFSS.com





@MarchFSS

| SUN | MON | TUE | WED | THU | FRI | SAT | |
|-----|---|--|--|--|--|--|--|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | |
| | - Special: Burger Combo - Spin Class 1100 (Gym) | - Special: Taco Tuesday - Mixxed Fit 0600 (Gym) - Intramural Volleyball Playoffs 1100 (Gym) - Pick up Pickleball 0800 (Gym) | - Special: Stir Fry - Social Hour at Sally's (1600) - Grill of the Night! (Hap 1700) - Spin Class 1100 (Gym) | - Special: Sizzlin Fejites - Mixxed Fit 0600 (Gym) - Yoga Class 1200 (Gym) - Grill of the Night! (Hap 1700) - Intramural Volleyball Championship Game 1100 (Gym) - Ice Cream Social (1400, Backstreet Grill) | · Special: Pasta · Sally's Alley (1600) | · Fire Fest (Lemay Park, 10AM-5PM) · Block Party at Sally's Alley (5PM) | |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 | |
| | - Special: Burger Combo - Spin Class 1100 (Gym) | - Special: Taco Tuesday - Mixxed Fit 0600 (Gym) - Lunchtime Volleyball & B-Ball 1100 (Gym) - Pick up Pickleball 0800 (Gym) | Special: Stir Fry Social Hour at Sally's (1600) Grill of the Night! (Hap 1700) Spin Class 1100 (Gym) | Special: Sizzlin Fajitas Mixxed Fit 0600 (Gym) Yoga Class 1200 (Gym) Grill of the Night! (Hap 1700) Lunchtime Volleyball & B-Ball 1100 (Gym) Ice Cream Social (1400, Backstreet Grill) | · Special: Pasta · Soul Food Buffet (Hap Arnold Ballroom, 1100) | | |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 | |
| | Special: Burger Combo Spin Class 1100 (Gym) | Special: Taco Tuesday Mixxed Fit 0600 (Gym) Lunchtime Volleyball & B-Ball 1100 (Gym) Pick up Pickleball 0800 (Gym) | Special: Stir Fry Social Hour at Sally's (1600) Grill of the Night! (Hap 1700) Spin Class 1100 (Gym) | JUNETEENTH | · Special: Pasta | | |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 | |
| | - Special: Burger Combo - Spin Class 1100 (Gym) | - Special: Taco Tuesday - Mixxed Fit 0600 (Gym) - B-Ball Tournament 1100 (Gym) - Pick up Pickleball 0800 (Gym) | - Special: Stir Fry - Social Hour at Sally's (1600) - Grill of the Night! (Hap 1700) - Spin Class 1100 (Gym) - Summer Sizzle 5K 0700 (Gym) | Special: Sizzlin Fajitas Mixxed Fit 0600 (Gym) Yoga Class 1200 (Gym) Grill of the Night! (Hap 1700) Lunchtime Volleyball & B-Ball 1100 (Gym) Ice Cream Social (1400, Backstreet Grill) | · Special: Pasta | | |
| 29 | 30 | | | | | | |
| | · Special: Burger Combo · Spin Class 1100 (Gym) | | | | | | |

Details & Future Upcoming Events

FITNESS CENTER EVENTS

- Intramural Volleyball Playoffs June 3 1100-1300
- · Intramural Volleyball Championship Game June 5 1100
- Basketball Tournament June 24 at 1100
- · Summer Sizzle 5K Run/Walk June 25 at 0700, Meet across from the Base Tower.
- · CLOSED June 19 & 20 in observance of Juneteenth
- Pickup Pickle Ball Games Tuesdays at 0800
- · After Hour Gym Sign Up Times Daily, Open to 1630

BACKSTREET GRILL/HAP ARNOLD CLUB EVENTS

- Social Hour at Sally's! Every Wednesday; Open at 1600
- · Grill of the Night to include Steaks on Weds and Thurs 1700-2000 Hap Arnold Club
- · Sally's Alley Open UTA Friday June 6 & UTA Saturday June 7 at 1600
- Black Bean Burger & Veggie Burger NOW AVAILABLE!
- · Coming soon New Breakfast & Lunch Specials in Backstreet June 30th
- · Yoga in the Park participants receive \$1.00 off on Salads and Wraps! Stop by the Backstreet Grill after Yoga!
- · Ice Cream Social EVERY THURSDAY at 1400

- Block Party at Sally's after at 5PM FIREFEST ON JUNE 7!
- · Soul Food Buffet on June 13, 2025

OUTDOOR RECREATION/ITT EVENTS

- · June 7: Firefest 2025, The People's BBQ Competition. Sign up at Outdoor Recreation, ALL BASE PERSONNEL WELCOME
- July 12: Paint Under the Stars, Lemay Park. Sign up at Outdoor Rec!
- July 18 & 19: Lens & Landscapes, 2-day event. Sign up at Outdoor Rec!
- · Outdoor Recreation has Snow Cone, Popcorn, Cotton Candy Machines for

· New NAF Positions AVAILABLE

Cashier, Cooks, Bartender, ODR Scan QR code for more details!



MARCH FSS EVENTS



Summer Sizzle 5K Walk/Run



JUNE 25 at 0700

ACROSS THE BASE TOWER CONTACT FITNESS CENTER FOR MORE INFO



Love Photography?
Love Hiking?

JOIN ODR

Lens & Landscapes

Price: \$65.00 · 2-Day Event

July 18th & 19th Call 951-655-2816 for info



MARCH FSS EVENTS



JUNE 7 DON'T MISS OUT!

